

oct JG Breakfast Page 1 of 4

## Breakfast included

any main course of your choice, one side and one bakery item, as many tea, coffee and juices you need to go through the day!

### provenance

caviar - kaviari, paris

beef - john stone craft butchers
fish - glenmar seafood & nicks fish
crab - lambay island
organic salmon - clare island
fruit & veg - iona farms, mccormack family farms,
balllymaknny potatoes & keelings
fine foods - la rousse foods
duck - skeaghanore, west cork
eggs - foxbrook free range farm
cheese - st tolas, co. clare / hegartys, co. cork /
ballylisk, co. armagh
italian products - italicatessen, co wicklow

# juice

turmeric tonic, turmeric, lemon, honey	8
ruby red juice, carrot. beet, lemon, orange	8
green juice, ginger, spinach, apple, kale, cucumber, lemon	8
orange juice	5
cold pressed apple juice	5

CHEF / PROPRIETOR: JEAN-GEORGES VONGERICHTEN EXECUTIVE CHEF: BEN DINEEN

WE ONLY SOURCE THE BEST IRISH BEEF, PORK & POULTRY

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE

oct JG Breakfast Page 2 of 4

# coffee

americano	3.40
cappuccino (4)	3.90
flat white (4)	3.70
latte (4)	3.90
mocha (4)	4.40
espresso/double	2.90/3.20
cortado (4)	3.50

all coffees can be served iced

### tea

irish breakfast	3.50
earl grey	3.50
sencha green	3.50
chamomile	3.50
peppermint	3.50
lemon and ginger	3.50
hibiscus and berry	3.50

ALLERGENS: 1 Gluten (A-Wheat, B.-Spelt C-Khorasan, D-Rye, E-Barley F-Oats), 2 Pearuts, 3 Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pearus, E-Brazil, F-Pistachio, G-Macadamia, H-Walnut), 4 Milk, 5 Crustacesns (A-Cash, B-Lobster, C-Crayfish, D-Shrimp), 6 Mollusc, 7 Eggs, 8 Fish, 9 Celery, 10 Soya, 11 Seame Seeds, 12 Mustard, 13 Sulphur Dioxide & Sulphites, 14 Lupin

oct JG Breakfast Page 3 of 4

mains		sides	
		crispy potato (1A)	4
bowls		bacon or sausage (1A)	5
granola, greek yoghurt & berries (1A,1F,4)	15	white and black pudding (1A,1E,1F,7,10)	5
coconut chia bowl, dates, almond & fresh berries (3A)	15	roasted portobello mushroom	3
steel cut irish oats, golden raisins, brown sugar & banana (1A,1F)	14	grilled tomato	4
		smoked irish salmon (8)	9
the irish breakfast	21	caviar 5 pe	er gram
2 fried eggs, bacon, sausage, black & white pudding, grilled tomato	21	avocado	5
		seasonal fruits small 6 / la	arge 15
portobello mushroom, beans & toast, crispy potatoes (1A,1E,1F,4,7,10)			
foxbrook farms free range eggs soft scrambled eggs, broccoli, Irish cheddar cheese, dill (1A,4,7) eggs benedict, ham, crispy potatoes, tomato and basil (1A,4,7,13) eggs florentine, spinach, crispy potatoes, tomato and basil (1A,4,7,13) eggs royale, smoked salmon, crispy potatoes, tomato and basil (1A,4,7,13) 2 egg omelette or egg white omelette with choice of mushrooms, cheddar cheese, tomato, ham & herbs (4,7)	14 16 15 21	bakery items croissant (1A, 4, 7) pain au chocolat (1A, 4, 7,10) almond croissant (1A, 3A,4) traditional sourdough, english muffin, gluten free & house baked irish soda bread (1A,1F,4)	4 4 4 4
		smoothies	
plates		fitness & protein - seeds, almond milk, wild blueberry, banana, hemp, chia	9
avocado toast, sunflower seed, chili flakes (1A)	14	banana, berry, yoghurt & bee pollen	9
add egg (7), salmon (8)	4/7		
french toast with caramelised apple and blackberries, pecan, maple	17		
syrup (1A,3D,4,7)		ALLERGENS: 1 Gluten (A-Wheat, B-Spelt C-Khorasan, D-Rye, E-Barley F-Oats), 2 Peanuts, 3 Nuts (A-Almonds, B-Hazelnuts, C-	
buttermilk pancakes, glenillen farm butter & maple syrup (1A,4,7)	17	Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macadamia, H-Walnut), 4 Milk, 5 Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6 Mollusc, 7 Eggs, 8 Fish, 9 Celery, 10 Soya, 11 Sesame Seeds, 12 Mustard, 13 Sulphur Dioxide & Sulphites, 14 Lupin	
-			

oct JG Breakfast Page 4 of 4